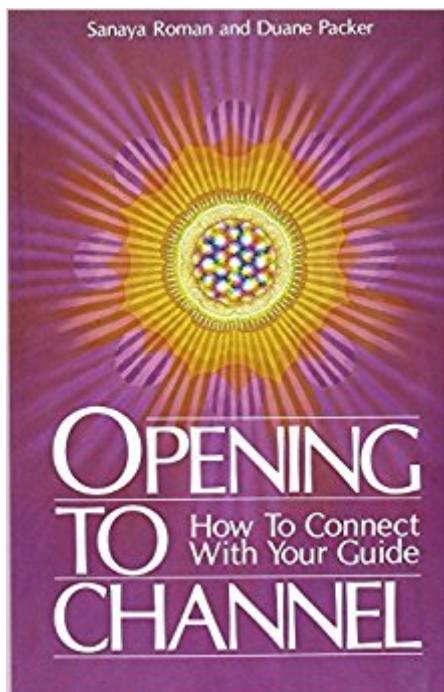


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# Opening To Channel: How To Connect With Your Guide (Sanaya Roman)



## Synopsis

Note: The revised eBook edition has the addition of several color illustrations and has been updated, however the processes and information in both the printed and eBook editions are essentially the same. Opening to Channel is a book with a startling message for the millions of curious Americans who are eager to learn more about this fascinating experience. The authors, Sanaya Roman and Duane Packer, with their guides Orin and DaBen, have demonstrated that anyone can become a channel, connect at will with a spirit guide or their higher self, and achieve remarkable and life-changing results. This book takes the reader step-by-step into the experience of channeling. The book provides a frame of reference by weaving in the story of how the authors became channels and then taught other people how to channel. This has become a bestselling classic, and a national and international best-seller. Sanaya and Duane's books have been translated into over 24 languages, in over 2,000,000 books worldwide. This book is a definitive, inspirational, and easy-to-use guide to the art of channeling. You can use these methods to open to channel a guide or your higher self. Opening to Channel includes practical hands-on instruction in how to know if you are ready; how to attract a high-level guide, go into a channeling state, channel for friends or yourself, use channeling to expand your consciousness, and open to the higher dimensions. Orin and DaBen, two wise and gentle spirit guides, prepare you for channeling and let you know what to expect. You will learn how to recognize and attract a high-level guide, as well as how to recognize and reject entities that are less evolved. You will discover more about how guides communicate with you and your role as a receiver. You will be guided through your first meeting with a guide, explore how to verbally channel a guide, and be given questions to ask your guide as well as information on what to expect when you first start verbally channeling. Instructions are provided for giving yourself a reading as well giving readings to others. You will learn more about how to look into your future with your guide. As you read you will learn how to develop and strengthen your channeling. Guidance is provided on how often to channel, how to receive specific information, and other ways guides can work through you such as through art or music. Various questions people frequently ask are addressed, such as; can you channel the same guide as others, lose your channeling ability, or channel when you are sick? You will also discover how to deal with doubts that your channeling is real. Opening to Channel is a breakthrough book. Channeling your guide could be the key to accelerating your spiritual growth and opening the doorway to enlightenment. The benefits from channeling are unlimited, such as: A greater awareness of spiritual worlds and the beings of light. Connecting with high beings from higher realms of light. Access to knowledge that was not previously available. Heightened creativity. Having more

confidence in yourself and the choices you make  
Experiencing greater wisdom  
Understanding reasons for apparent obstacles encountered in daily life  
Learning about opportunities for your life  
regarding relationships, abundance, or career  
Substantial acceleration of your spiritual growth and unfoldment  
Feeling that you are living a purposeful life  
Clarifying your life purpose  
Developing your innate talents and gifts  
Finding your path of world work

## **Book Information**

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## **Customer Reviews**

Opening to Channel takes you on a complete tour of [how to become a channel]. As channels, [it offers] an experienced point-of-view on how to connect with your own spirit guides and channel them for yourselves and for others. The authors provide very thorough and balanced how-to advice, information and guidance. Recommended. -- Body Mind Spirit, October 1987  
Channeling is a skill that can be learned. Sanaya Roman and Duane Packer, with the help of their guides, Orin and DaBen, have created a definitive, inspirational, and easy-to-use guide to the art of channeling. Opening to Channel: How to Connect with Your Guide includes practical hands-on instruction in how to know if you are ready, how to attract a high-level guide, how to go into trance, how to channel for friends, how to use channeling to open to the higher dimension, and much more. -- The Midwest Book Review  
Channeling is usually defined as the process by which a medium or psychic transmits information from a non-physical entity who speaks through them. Roman and Packer explain channeling as communicating with a high-level [spiritual] guide and bringing through verbal

information. Traditionally, trance channeling has meant channeling when the medium is in a trance and not conscious of his/her words, though Roman and Packer encourage conscious awareness so that the medium herself can benefit from the messages. I appreciate this book because it is clearly written and offers a sensible step-by-step process whereby anyone who is interested can begin to learn to channel. It demystifies the process, eliminates erroneous ideas that frighten people, and make channeling accessible. My greatest appreciation however, is that this book is far more than just another spiritually chic, how-to book. It contains true spirituality; underscores the channeling process with words of love, encouragement and empowerment; and eliminates unfounded fears. Without making false promises, without offering quick fix, without promising us material success, it consistently points us toward a spiritual path, reminding us that we are surrounded by love and teaching us how to reach out to bring more of that love into our lives. -- The Common Boundary, December 1987Smoothly crafted, highly intelligent, and easy to follow. -- Meditation

To our readers: The books we publish are our contribution to an emerging world based on cooperation rather than on competition, on affirmation of the human spirit rather than on self-doubt, and on the certainty that all humanity is connected. Our goal is to touch as many lives as possible with a message of hope for a better world. - Hal and Linda Kramer, Publishers

I was recently been told by a well known channeler that mediumship and channeling would be part of my life's work. I'm also an empath and have been fascinated with this phenomena since I was a child.I had tried channeling a few times before using methods from the internet but somehow nothing seemed to click. When I purchased this book and did the step by step instructions, I was amazed at how I was able to feel a definite rush of energy from some entity who seemed to make contact with me. I asked for this connection to get stronger and was blown away at how strong it became! the energy by now was so tangible, my heart was beating fast with excitement and nervousness as I requested the beings to make adjustments in my energy system to allow their energy to flow through. I felt so energized and so happy I cried tears of joy! It seemed that this was enough for now, and I felt the energy slowly stabilize and diminish.After getting out of the state I was rather spacey yet at peace (a quick grounding exercise will take care of it). I haven't been able to identify this being yet, but I am confident and look forward to my journey in channeling. This book is extremely well written and covers so many aspects about channeling, I can't recommend it enough. If you truly desire to channel even if you doubt your abilities, give this book a try!

I have read this book before as a borrowed copy and it was a must have. I decided to order my own copy. It was an unexpected interesting style of writing and a wealth of knowledge that I didn't quite expect. I have and will continue to recommend this book. I was happy with for sending the book new and in excellent condition and immediately as well!

This is a wonderful book. I have read it and i loved it, the only thing i have not been able to do is to channel. i don't know if i am closed (as far as my chakras not being balanced) or i am just doing it wrong. I have not been able to do it, and i so want to learn how to.

I have high regard for anyone, who is fit and experienced to do so, that seeks to connect us humans with our spirituality. The authors do well in helping us, step by step, with love and positive intent, to walk us through how to channel our spiritual / higher self. There is so much strength and resolution in being connected spirituality, but unfortunately, being human affords us many blockage points. This book, if you are open to it, provides the reader with practical instruction in channeling higher dimensions. In recent years, science has done brain imagery testing on those who meditate, and those who do not, with those brains who meditate regularly, showing areas of relaxed brain activity. Channeling can also be regarded as deep meditation, and as we know, relaxation and connecting to our higher selves, affords us the much needed benefits of relaxation. Perhaps even a different view point on ourselves, our mission, our true sources of joy in this world. My sincerest gratitude to the authors Sanaya Roman and Duane Packer for being such faithful, devoted, loving guides as we journey as humans here on this earth. I give this book 5 stars, and highly recommend it for any seeker! Respectfully Yours, Rivka Edery, M.S.W., L.C.S.W. Author of: "Hear Me Sing: Book I" (2016) & "Trauma and Transformation: A 12-Step Guide" (2013)

This book is written in easy to understand language. Is broken down into various exercises that bring you closer to your goal of channelling. I was able to connect with my guides at once and have had no difficulty channelling for close friends and loved ones. Just be careful who who you tell about your new gifts, some people just aren't ready to hear from their loved ones. I couldn't recommend a better book to start with. Well worth the money.

The book gave great ideas on other way to use channeling, that I didn't think of. I learn that using the blue light of protection worked better then the white light. Great information with reading this book. Thanks! ^

More than ever we all need the assurance that we are loved and aided by higher beings. Connecting with your guide will bring a calmness to your life and allow you to determine what the best course of action will be for you. You will be able to open up your creativity and excel in your endeavors. I had tried to channel before, but doubted myself and let others discourage me. One of the strengths of this book is that it relates experiences of other beginners and this can be very helpful if you are having the same experience they have had, such as doubting yourself. To my surprise my guide did come through to me and I am continuing to grow in my ability to channel the information which is being presented. Orin and Daben are committed to assisting all who are desiring higher teachings and, if asked, their energy will be present for you.

Their personal path to channeling and the stories of others experiences makes the natural path of accessing universal wisdom easy. Their student stories revealed positive life changes. I felt like the authors held my hand and gently opened my eyes to a more interesting way of living.

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